

A member of the Chelmsford Learning Partnership

# FIRST AID POLICY

Committee Responsible	Premises Committee
Lead Staff Member	Premises Manager
Approved by	Chair of Trustees
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### THE BOSWELLS SCHOOL - FIRST AID POLICY

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#### Statement of Intent

The Directors of The Boswells School acknowledge and accept its responsibilities under the Health and Safety (First Aid) Regulations 1981, to provide equipment and facilities as are adequate and appropriate for enabling first aid to be rendered to employees, pupils and visitors in the school. Our First Aid Policy will be successfully implemented through the delivery of the following aims and objectives:

- Undertaking a First Aid Needs Assessment to determine the requirements for the provision of first-aid within the school premises
- ensuring that there are suitable facilities and equipment to administer first-aid, where necessary
- ensuring that there is a sufficient number of staff trained in first-aid on duty at all times
- ensuring that the requirements of this policy are clear and appropriately circulated, including the location of first aid equipment, facilities and personnel

The Premises Manager is the appointed person, responsible for first aid.

When the appointed person is unavailable, the School Business Manager will deputise in his position.

### 1. Legal framework

- 1.1. This Policy will have consideration for, and be in compliance with, the following legislation and regulations:
  - Health and Safety at Work Act 1974.
  - Health and Safety (First Aid) Regulations 1981.
  - The Management of Health and Safety at Work Regulations 1992.
  - The Education (School Premises) Regulations 1999.
  - Health and Safety (The Reporting of Injuries, Diseases and Dangerous Occurrences (RIDDOR)) Regulations 2013.
- 1.2. This Policy will also have regard to the following statutory and non-statutory guidance:
  - First Aid for Schools (August, 2000)
  - Advice on Standards for School Premises (May, 2013)
  - Incident reporting in schools (accidents, diseases and dangerous occurrences) (October, 2013)

#### 2. Risk assessment

- 2.1 The Premises Manager will ensure that an annual risk assessment of first aid needs is undertaken, appropriate to the circumstances of the School.
- 2.2. Where a minimum number of trained first aiders is set, this will be monitored to ensure that the needs identified in the risk assessment are met.

#### 3. Facilities

- 3.1 First aid will be administered in a room which meets the requirements of the DfE guidance. Specifically, to:
  - be large enough to hold the necessary equipment
  - have washable surfaces and adequate heating, ventilation and lighting
  - be kept clean and tidy at all times
  - be positioned as near as possible to a point of access for transport to hospital
  - display a notice on the door advising of the names, locations and telephone numbers of first aiders
  - have a sink with hot and cold water, if possible
  - have drinking water and disposable cups
  - have soap and paper towels
  - have a suitable container with disposable waste bags
- 3.2. The Administration office in C Block is the Academy designated medical room.

### 4. Fixed and portable first aid containers

- 4.1 First aid containers are identified by a white cross on a green background.
- 4.2 The Boswells School has a main first aid cabinet, which can be found in the administration office in the medical room. This cabinet contains a sufficient number of suitable provisions to enable the administration of first aid.
- 4.3 The Boswells School has six small travelling first aid kits for use during school trips and off-site visits, and one large kit for residential trips which are stored in the administration office.
- 4.4 No medicinal substances or materials are permitted within a first aid container.
- 4.5 Blunt-ended stainless steel scissors should be kept in the container in case clothing needs to be cut away prior to treatment.
- 4.6 Inventories are kept of all first aid supplies including expiry dates. Full lists can be found in each first aid container.

#### **Fixed**

- 4.7 Fixed first aid containers will contain, at a minimum:
  - · a leaflet giving general advice on first aid
  - 20 individually wrapped sterile adhesive dressings (assorted sizes)
  - two sterile eye pads
  - four individually wrapped triangular bandages (preferably sterile)
  - six safety pins
  - six medium sized (approximately 12cm x 12cm) individually wrapped sterile un-medicated wound dressings

- two large (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings
- one pair of disposable gloves

#### **Portable**

- 4.8 Portable first aid boxes will contain, at a minimum:
  - a leaflet giving general advice on first aid
  - six individually wrapped sterile adhesive dressings
  - one large (approximately 18cm x 18cm) sterile un-medicated wound dressing
  - two triangular bandages
  - two safety pins
  - individually wrapped moist cleaning wipes
  - one pair of disposable gloves

#### **Minibuses**

- 4.9 The Boswells School minibuses will have on board a first aid container with the following items:
  - · ten antiseptic wipes, foil packaged
  - one conforming disposable bandage (not less than 7.5cm wide)
  - two triangular bandages
  - one packet of 24 assorted adhesive dressings
  - three large (no less than 15cm x 15cm) sterile un-medicated ambulance dressings
  - two sterile eye pads, with attachments
  - twelve assorted safety pins
  - one pair of rust free blunt-ended scissors
- 4.10 First aid containers will be:
  - prominently marked as a first-aid container
  - maintained in a good condition
  - suitable for the purpose of keeping the items referred to above in good condition
  - readily available for use

#### 5. Selection of first aiders

- 5.1 When selecting first aiders, the Premises Manager should consider an individual's:
  - reliability and communication skills
  - aptitude and ability to absorb new knowledge and learn new skills
  - ability to cope with stressful and physically demanding emergency procedures
  - normal duties a first aider must be able to leave immediately in an emergency
  - strategically where they work on site

5.2 Unless first aid cover is part of a staff member's contract of employment, people who agree to become first aiders should do so on a voluntary basis.

### 6. Training

- 6.1 The Premises Manager is responsible for organising first aid training.
- 6.2 New staff members are offered first aid training as part of their induction training.
- 6.3 Lunch time supervisors will also undertake first aid training.
- 6.4 The Premises Manager will keep a record of who is trained in first aid and the date when their certificates expire.
- 6.5 First aiders will be re-trained within 3 months prior to the end of the third year, when their first aid certificates expire.
- 6.6 All staff should ensure that they have read the school's First Aid Policy and sign the training record to say they have done this.

### 7. Roles and responsibilities

- 7.1 The main duties of the medical officer are to:
  - take charge of first aid arrangements, including looking after equipment and calling the emergency services, where necessary
  - provide first aid treatment, they should not give first aid treatment for which they have not been trained
  - liaise with the Premises Manager, where necessary, to facilitate the replacement of out of stock or expired first aid material or equipment
  - remain on-site throughout the school day
- 7.2. The main duties of first aiders are to:
  - complete a training course approved by the Health and Safety Executive (HSE)
  - give immediate help to casualties with common injuries and those arising from specific hazards at the Academy
  - ensure that an ambulance or other professional medical help is called, where appropriate

#### 8. Reporting incidents and record keeping

### **Reporting Incidents**

8.1. The Premises Manager will ensure that procedures are in place to report any major or fatal injuries without delay (e.g. by telephone), as required by RIDDOR. Other reportable injuries will be reported within 10 days.

### **Record keeping**

- 8.2 The Premises Manager will ensure that records are kept of any reportable death, specified injury, disease or dangerous occurrence that requires reporting under RIDDOR.
- 8.3 Reportable injuries include:
  - fractures, other than to fingers, thumbs and toes
  - amputations
  - any injury likely to lead to permanent loss of sight or reduction in sight
  - any crush injury to the head or torso causing damage to the brain or internal organs
  - serious burns (including scalding), which cover more than 10 percent of the body or cause significant damage to the eyes, respiratory system or other vital organs
  - any scalping requiring hospital treatment
  - any loss of consciousness caused by head injury or asphyxia
  - any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- 8.2. Reportable occupational diseases include:
  - carpal tunnel syndrome
  - severe cramp of the hand or forearm
  - occupational dermatitis e.g. from work involving strong acids or alkali, including domestic bleach
  - hand-arm vibration syndrome
  - occupational asthma e.g. from wood dust or soldering
  - tendonitis or tenosynovitis of the hand or forearm
  - any occupational cancer
  - any disease attributed to an occupational exposure to a biological agent
- 8.3. Work-related stress and stress-related illnesses (including post-traumatic stress disorder) are not reportable under RIDDOR, as a reportable injury has to have resulted from a work-related incident.
- 8.4. Dangerous occurrences include:
  - the collapse or failure of load-bearing parts of lifts and lifting equipment
  - the accidental release of a biological agent likely to cause severe human illness
  - the accidental release or escape of any substance that may cause a serious injury or damage to health
  - an electrical short circuit or overload causing a fire or explosion
- 8.5. Injuries to pupils and visitors who are involved in an accident at school, or an activity organised by The Boswells School are only reportable if the accident results in:
  - the death of a person which arose out of or in connection with a workrelated activity

- an injury that arose out of or in connection with a work-related activity and the person is taken directly from the scene of the accident to hospital for treatment (examinations and diagnostic tests do not constitute treatment)
- 8.6. Records will be also be kept of all occupational injuries where a staff member is away from work or incapacitated for more than three consecutive days, although this doesn't need to be reported.
- 8.7. The Boswells School does not have to report injuries where the pupil remains at school, is taken home or is simply absent from school for a number of days.
- 8.8. First aiders will ensure that they comply with the reporting procedures of the school after administering treatment, including recording:
  - the date, time and place of the incident
  - the name (and class) of the injured or ill person
  - details of the injury/illness and what first aid was given
  - what actually happened to the person immediately afterwards? (e.g. went home, resumed normal duties, went back to class, went to hospital etc)
  - name and signature of the first aider or person dealing with the incident
- 8.9. Records will be maintained for no less than three years after the incident.
- 8.10. The accident reporting form which has been adopted by the Trust from the peer advisors, Southend Borough Council, will be recorded by front office staff for non RIDDOR accidents, incidents and near misses. This will be passed to the Premises manager for any further actions, investigation and storage.

#### 9. Circulation

- 9.1. The Premises Manager will inform all staff, including those with reading and language difficulties, of the first aid arrangements. This should include:
  - the location of the first aid equipment, facilities and personnel
  - the procedures for monitoring and reviewing The Boswells School first aid needs
- 9.2. Copies of this policy will be made available on the the Boswells School website.

# **Appendices**

# A) First-aid box supply checklist

Item	Suggested stock	Current stock	Ordered if required?
A leaflet giving general	1		
advice on first aid.	_		
Individually wrapped			
sterile adhesive	20		
dressings (assorted	20		
sizes).			
Sterile eye pads	2		
Individually wrapped			
triangular bandages	4		
(preferably sterile).			
Safety pins.	6		
Medium-sized (12cm x			
12cm) individually			
wrapped sterile	6		
unmedicated wound			
dressings.			
Large (18cm x 18cm)			
individually wrapped	2		
sterile unmedicated	۷		
wound dressings.			
Disposable gloves.	1 pair		

# B) Travel first aid box supply checklist

Item	Suggested stock	Current stock	Ordered if required?
A leaflet giving general advice on first aid.	1		
Individually wrapped			
sterile adhesive	6		
dressings.			
Large sterile unmedicated wound dressing (18cm x 18cm).	1		
Triangular bandages.	2		
Safety pins.	2		
Individually wrapped moist cleansing wipes.	10		
Disposable gloves.	1 pair		

# C) Minibus first aid box supply checklist

Item	Suggested stock	Current stock	Ordered if required?
Foil packaged antiseptic	10		
wipes.	10		
Conforming disposable			
bandage (not less than	1		
7cm wide).			
Triangular bandages.	2		
Assorted adhesive	24		
dressings.	24		
Assorted safety pins.	12		
Large sterile			
unmedicated			
ambulance dressings	3		
(no less than 15cm x			
15cm).			
Rustless blunt-ended	1 nair		
scissors.	1 pair		
Sterile eye pads with	2		
attachments.	2		

# D) Sports first aid box supply checklist

Item	Suggested stock	Current stock	Ordered if required?
Guidance Leaflet	1		
Foil Blanket	2		
Single Medium Dressing	3		
Large Sterile Dressings	2		
Triangular Bandage Non-Woven	2		
Instant Cold Pack 13.5 x 30cm	3		
Microporous Tape 1.15 x 5m roll	1		
Life Aid Resuscitator	1		
Powder Free Vinyl Gloves	1		
Safety Pins	6		
Sterile Eyewash Pods 20ml	5		
Medium Crepe Bandages 5.0 x 450cm	5		
Washproof Plaster – Pack of 20	1		
Alcohol Free Cleansing Wipes – Pack of 10	1		
Sick Bag and Gloves	1		
Standard Reusable Hot & Cold pack	1		
Eye Dressing	2		
White Open Weave Bandages 5 x 500cm	2		
Steri Strips 6 x 75mm – 3 strips	1		
Medium Elastic Adhesive Bandages 5 x 450cm	1		
Conforming Bandages 7.5 x 400cm	1		
Low Adherent Dressing Patch 5 x 5cm	2		
Large Crepe Bandage 7.5 x 450cm	5		
Kit Scissors	1		
Gauze Swabs 75 x 75mm – Pack of 5	1		
Koolpack Cold Spray 150ml	1		
Medium Ambulance Dressing	1		
Petroleum Dressing 225g	1		
Zinc Oxide Tape 2.5 x 10m	1		
Zinc Oxide Tape 5.0 x 10m	1		

# E) First Aiders for The Boswells School

Trevor Garrard	Premises Manager	Theatre	322	Expires Sept 2019
Terry Orwell	Assistant Premises Manager	Premises office	342	Expires Sept 2019
Lianne Lucas	Office Manager	Front Office	397	Expires Feb 2022
Clare Peck	Medical	Medical room	392	Expires Feb 2022
Lianne Free	Front Office	Front Office	345	Expires March 2022
Lucy Rees	Technology	C Block	410	Expires Mar 2020
Callum Ridgeway	PE	Boys PE		Expires 19 July 2021
Cheryl Noble	Deputy Headteacher	B Block	389	Expires 19 July 2021
Jack Caba	RE	C Block	340	Expires 19 July 2021
Jane Oliver	Pastoral	B Block	600	Expires 19 July 2021
Karen Cherry	Pastoral	Sixth Form	419	Expires 19 July 2021
Laura Wilcox	Drama	B Block	321	Expires 19 July 2021
Paul Butler	Dance	Dance Studio	338	Expires 19 July 2021
Philippa Criddle	Science Technician	A Block	367	Expires 19 July 2021
Ryan English	Premises	Site	342	Expires 19 July 2021
Sue Bradshaw	Cover Supervisor	Front Office	323	Expires 19 July 2021
Teri-Leigh Jones	Deputy Headteacher	C Block	399	Expires 19 July 2021
Sara Heaton (STA)	PE	General	336	Expires Mar 2020
Helen Burton (STA)	PE	A Block	339	Expires Mar 2020
Darren Page (STA)	PE	A Block	323	Expires Mar 2020
Callum Ridgeway (STA)	PE	Swim Pool	335	Expires Mar 2020
Zoe Gardner (STA)		Swim Pool		Expires Mar 2020

There are currently 12 further First Aid at Work (FAW) trainees who will be trained in 2020

# F) Location of First Aid Boxes

Location	Responsible Staff Member
Medical room	Clare Peck
C19 (Technology)	Clare Peck
C20 (Technology)	Clare Peck
Premises Office	Caretakers / Claire Peck
Kitchen	Lynne Haste / Claire Peck
Sports hall / Swimming pool	Clare Peck
DS2	Clare Peck